

# Natas Pastries

PORTUGUESE BAKERY & CAFÉ

LUNCH MENU

## ENTRADAS

### Mixed Platter

Choose 5 appetizers from list below:  
Croquetes, Rissois, Pasteis de Bacalhau, Folhado de Carne, Salsicha, Galinha, Spinach Feta, served with House Salad, Olives and Bread 16.95

### 3 Cheese Platter

3 Cheeses served with Bread & Olives. "Serra da Estrela" Cheese and other premium Cheeses available at an extra charge. (Add Portuguese Sausages/Chouriços 5) 14.95

### Fresh Cheese Platter

3 Fresh Cheeses accompanied with Tomatoes, fresh Basil, served with Olives & Bread 12.95

### Chouriços Grelhados

Variety of grilled Imported Portuguese Sausages/Chouriços served with Bread 12.95

### Ameijoas à Bulhão Pato

Steamed Baby Clams cooked in a white Wine, Onions, Lemon and Butter Sauce 12.95

### Mexilhão de Cebolada

Steamed Mussels cooked in white Wine, Onions, finished in a Butter or Marinara Sauce 13.95

### Gambas à Alho

Head on Jumbo Shrimp stir fried with Garlic, Wine and Piri-Piri Cream Sauce, served with Garlic Bread 15.95

### Melon with Prosciutto

Fresh Honeydew Melon topped with slices of Prosciutto 9.95

### The Mediterranean Platter

Prosciutto, Fresh Mozzarella, Tomatoes, Olives & Bread 12.95

### Café Marinated Olives

Imported Olives marinated in Garlic, Olive Oil & fresh Herbs served with Bread 5.00

### Sides

Add any Meat or Cheese to any Sandwich/Salad/Breakfast/Entree 2  
Vegetables 1, Avocado 2, Chicken 4  
Side of Rice/Potatoes/Vegetables 3  
Bread & Olives 1.50

## SOPAS

### Caldo Verde

Traditional Portuguese Soup of mashed Potatoes and Kale (Add Chouriço 2) 5.25

### Sopa de Pedra

A Portuguese thick Vegetable Soup made of at least ten different Vegetables (Add Chouriço 2) 5.75

## SALADAS

### Salada da Horta

Our House Salad made of Lettuce Tomatoes, Cucumbers, Onions Carrots in House Vinaigrette 5.95

### Organic Baby Spring Mix Salad

Organic Baby Spring Mix tossed with our House Balsamic Vinaigrette 5.95

### Salada de Frango

Grilled Chicken Breast Salad made with Lettuce, Tomatoes, Cucumbers Carrots, Onions, roasted Bell Peppers and Avocado 10.95

### Delicias do Mar

Shrimp and Crab Salad, Lettuce Tomatoes, Onions, Cucumbers Carrots, Egg and Avocado 13.75

### Salada de Atum

Tuna Salad, Lettuce, Tomatoes Onions, Cucumbers, Carrots and Egg (Portuguese Tuna add 2) 11.95

### Salada de Polvo

Baked Octopus marinated in Olive Oil, Onions and Bell Peppers, served with Garlic Bread 14.95

### Salada de Sardinhas

Pickled Portuguese spiced Sardines served with Tomatoes, roasted Bell Peppers, Onions and Egg 11.95

### Atum com Grão

Portuguese Tuna, Garbanzo Beans and Mixed Baby Greens Salad 9.95

## SANDWICHES & PANINI

All Sandwiches and Panini are served with House Salad and Kettle Potato Chips

### Chicken Piri-Piri

Grilled Chicken Breast with Piri-Piri Aioli Sauce, roasted Bell Peppers and melted Munster Cheese 9.95

### Chicken Panini

Grilled Chicken Breast, Mozzarella, Roasted Tomatoes and Pesto 9.95

### Sandes de Chouriço e Queijo

Grilled Portuguese Sausages/Chouriços, grilled Onions, Tomatoes and melted Cheese 10.95

### Sandes de Atum

Tuna Salad, Lettuce, Tomato, Onions (Add Cheese for Tuna Melt 2) (Portuguese Tuna add 2) 9.95

### Napolitana

Prosciutto, Fresh Mozzarella, Tomatoes and Vinaigrette 12.95

### Vegetariana

Lettuce, Tomato, Cheese, Sprouts, Avocado and Spinach Dip 9.95

### Sandes de Presunto

Prosciutto, Tomatoes in Balsamic Vinaigrette 10.95

### Veggie Panini

Spinach, Mozzarella and roasted Bell Peppers 9.95

### French Panini

Brie Cheese and caramelized Onions 9.95

### Caprese Panini

Fresh Mozzarella, Tomatoes and fresh Basil 9.95

### Club Panini

Brie Cheese, Bacon, Ham and Avocado 10.95

### House Panini

Chicken, Bacon, Tomatoes, roasted Bell Peppers and Cheese 12.95